

Infirmary  
Regulations

Sports fields



CRAIGHOUSE  
SCHOOL

## **Infirmiry regulations for sports fields Years 1 to 12**

The Craighouse School sports fields have an infirmiry which is fully equipped to meet the health needs of our pupils during Physical Education lessons, extra training, normal training sessions and tournaments.

First aid attention is provided by a paramedic who is on duty at the times required by the Sports Department, as requested on a yearly basis.

Attention offered to pupils must be effective, efficient and of good quality; for this purpose, the paramedic is in close contact with the school infirmiry, by phone or by radio.

For tournaments and sports events in or outside our fields, we work with a team of paramedics who are appropriately equipped and prepared to provide immediate first aid attention to pupils who require it, for medical issues or injuries.

### **Attention procedure**

The Craighouse School sports field infirmiry serves all school pupils from Years 1 to 12 and is fully equipped with everything needed to provide first aid assistance in case of an emergency. It has medical supplies to treat pupils who visit the infirmiry due to medical issues or injuries. Symptoms are only treated with sprays, ointments, gels or drops, such as Arnikaderm, Arnika sport spray, Calorub, Foille, artificial tears, Hedra Helix (Abrilar), oral antiseptics, and physical measures to relieve discomfort.

The action criteria in cases of medical issues or injuries are the same as those used in the school infirmiry.

### **□ Attention for illness - Years 1 to 12**

- Any pupil who is at the school's sports fields and shows symptoms of an illness will have to visit the field infirmiry during Sports sessions, where she/he will be assessed and treated by the field paramedic.
- The paramedic will then register the procedure.
- If a pupil has symptoms that require rest (for example, in cases of gastrointestinal disorders, headaches, chronic pain, etc.) the paramedic will call the parents, who should come to school immediately to pick up the child and check her/his progress at home. The pupil must be withdrawn from the infirmiry in the sports fields, after her/his parents have coordinated with the paramedic on call.
- If the symptoms suggest a possible illness requiring medical assessment, the paramedic will contact the child's parents so that she/he can be taken to a health centre. If they cannot come personally, they must send an email to [enfermeria@craighouse.cl](mailto:enfermeria@craighouse.cl) with copy to the section authorising a responsible adult to come. Pupils in this situation may not go home in a school bus.

- If there is a suspected case of intoxication due to the intake of medications on the part of a pupil during Sports, the paramedic will monitor the pupil in the infirmary and notify the head nurse, who in turn will contact the section and the Formative Area. The pupil's parents will also be notified by phone.  
The affected pupil will be taken from the sports fields infirmary to Clínica Alemana in an ambulance. The cost will be covered by the pupil's parents.
- The school insurance does not cover illnesses; consequently, if there is any suspicion of a serious illness, the paramedic will contact the parents to inform them that, in accordance with school policies, the child will be sent by ambulance or helicopter, depending on the seriousness of the case, to Clínica Alemana. Later, the pupils' parents may choose to take her/him elsewhere.
- The paramedic will contact Clínica Alemana (the nearest emergency centre) and inform the respiratory infirmary, the Sports teacher, and the relevant section informing them the child has been sent. The child will be accompanied by a Sports teacher if her/his parents are not present.  
If the child is sent to the clinic due to a medical issue rather than an accident, the transfer by ambulance will be free of charge and the medical attention provided by the clinic will be charged to the patient or her/his parents.
- Pupils cannot be taken in the vehicle of a member of staff outside the school.
- Each of these cases will be recorded.
- If a staff member shows health symptoms that require urgent medical attention, the paramedic will contact the school infirmary and inform the situation. Infirmary will get in contact with the section. A close relative will be contacted and informed of the health situation and a decision will be made on whether the staff member should be withdrawn by his/her relative or by land (ambulance) /air (helicopter) transport, depending on the seriousness of the health issue. In the latter case he/she must be taken to Clínica Alemana (nearest emergency centre). Later, he/she may choose to go elsewhere.
- The transfer by ambulance or helicopter will have to be paid by the staff member, and he/she must be accompanied by a relative or someone from his/her section.

#### □ Attention for injury - Years 1 to 12

- Pupils who have an accident during Sports hours will be treated in the field infirmary by the school paramedic.
- Parents of pupils from Years 1 to 12 must always be informed by phone in cases of contusion of the head or the genital area. The child's parents will be advised to collect him/her from school and keep him/her under observation at home or take him/her to an emergency centre, as needed. For pupils in Years 5 to 12 the type of injury and the pupil's progress will be evaluated, and the parents will be notified by phone.  
Infirmary attention slips will only be given to pupils from Year 1 to Year 4 who visit the trauma infirmary and to whom the paramedic has not informed by telephone. For the rest of the year levels, it will be each pupil's responsibility to inform his/her parents.

If the injury is not serious and does not require rest or medical attention the paramedic will provide the necessary attention and the pupil will later return to Sports.

- In cases of accidents that require rest or medical evaluation, the parents will be called and asked to collect the child and keep her/him under observation at home or take her/him to an emergency centre.
- In cases of a serious accident, after informing the pupil's parents, the trauma infirmary and the relevant section, the school will contact Clínica Alemana (the nearest emergency centre) and the child will be taken there by land (ambulance) or air (helicopter) transport, depending on the seriousness of the case. The pupil will be accompanied by a Sports teacher if her/his parents are not present.
- Finally, the paramedic will be responsible for informing the corresponding section by email, with copy to the infirmary, only if the accident occurred during school hours.
- In sports events and tournaments, the paramedic on call will be responsible for deciding whether or not a pupil can continue in the sports activity, and will inform the pupil's parents and the teacher in charge.

Clínica Alemana, covered by the school insurance in cases of injuries, provides a free ambulance service. Air transfer, however, will only be free of charge in the event of a life-threatening situation for pupils in Regions IV, V, VI, VII and *Metropolitana*, subject to availability, once the patient is stabilised.

#### **Note**

In cases of sports events (during the week or on weekends), the person in charge of Sports will be responsible for sending an email to the infirmary informing of the type of event, the categories to be played, the schedule, the sport to be played, whether they will require an ambulance, and the suggested number of paramedics.

For sports trips outside of Santiago, the Head of the Sports Department will be responsible for sending the list of pupils with their RUT and dates of birth to the infirmary. This requirement is imposed by Clínica Alemana for insurance coverage purposes. The infirmary will have to send this list to the person in charge of accident agreements.

If the paramedic lends a pupil a medical implement such as a stabilising sling, etc. due to an injury or other medical condition, the child and his/her family must take care of it and return it to the infirmary as soon as he/she returns to school.

#### **General considerations from Years 1 to 12**

##### **Administration of medicines**

The infirmary's only purpose is to offer primary attention to emergencies or other health issues.

If a pupil needs to take medication regularly during the school day (for allergies, headaches, epilepsy, mood disorders, ADHD, etc.), and his/her parents have brought the medical prescription and the medication with indications, the pupil will have to go up to

the respiratory infirmary where the medication will be stored.

As per current regulations from the Ministry of Health (Health Code art. 112 and 113), the Craighouse School infirmary is not authorised to administer medication for acute cases (headaches, menstrual pain, abdominal pain, sore throat, etc.).

This also applies to school teachers and staff, who are not authorised under any circumstance to administer any kind of medication to pupils.

Families will be required to inform the infirmary in case of illness, or physical or mental health conditions requiring special attention or medical treatment. They will have to bring the updated medical form each year or whenever necessary, specifying any chronic illnesses, allergies, and drug treatment.

**Note:**

This is only a referential document and the valid, official, and legal version in the country is the one written in Spanish.

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